

A REGULAR LIVER CHECK-UP

simple, easy...and it could save your life

WHY

have a regular liver check-up?

- If you've got hepatitis – hep B or hep C – you've got more risk of liver disease – things like cirrhosis (scarring), liver cancer, and liver failure.
- You may need treatment for your hep B or C even if you feel well.
- A regular liver check-up allows your liver health to be tracked. You can discuss with your doctor how to slow the progress of liver damage and decide when to start treatment.
- Talk to your doctor about getting a regular liver check-up.

WHAT

happens during a liver check-up?

- Your liver check-up may start with a liver function test and other tests to measure how well your liver is working. These blood tests can be arranged by your GP or specialist.
- A FibroScan, or if this isn't available, a liver ultrasound, may also be done. The good news is that both are simple, easy and painless procedures.
- After your check-up, your healthcare professional can explain the results and discuss lifestyle changes, treatment options and the timing of your next check-up.

HOW

often do I need a liver check-up?

- Depending on the results of your last liver check-up, you may be advised to have a regular liver check-up every three, six or 12 months.



Jen Anderson was diagnosed with hepatitis C in 1990. She received regular liver tests which helped her know when she needed treatment. Jen has been successfully treated and is now cured of hepatitis C. Jen says

“I urge everyone who has hepatitis B or C – or think they may have – to get a regular liver check-up. Having regular liver check-ups helped me decide when to start treatment, which in my case was lifesaving.”

A liver check is nothing to worry about.

Ask your doctor about having a regular liver check-up today.